



SOMERS SENIOR CENTER MARCH 2026 NEWSLETTER



Somers Senior Center

19 Battle Street, Somers CT 06071

860-763-4379

Mon-Thurs 8am-4pm, Fri 8am-12pm

Maureen Parsell, Director mparsell@somersct.gov

Donna Richardson, Supervisor drichardson@somersct.gov

Pamela Caso, Administrative Asst. pcaso@somersct.gov

Darlene McCray, Program Coordinator dmcrcay@somersct.gov

Dial-a-Ride Drivers

Gary Hunter, Richard Locatelli, Pat Perry, & Scott Sfredo

Somers Human Services

619 Main Street, Somers CT 06071

860-265-7551

Mon-Wed 8am-5pm, Thurs 8am-6:30pm

Matthew Cox, Human Services Director

MCox@somersct.gov

Arianna Flagg, Prevention Coordinator

AFlagg@somersct.gov

Annette Ramsdell, Social & Sr. Services Specialist

Aramsdel@somersct.gov

Jen Griger, Youth Services Coordinator

Jgriger@somersct.gov



*The Town of Somers Senior Center and activities offered are open to all individuals ages 55+. Registration is **FREE** and all 55+ are welcome! It is our goal to create a warm and welcoming environment where members can take part in recreational, educational and social activities. Please note, Senior Center staff cannot physically assist or act in the capacity of an aide to members who are unable to ambulate independently. If you find that you are experiencing difficulty ambulating independently and require extra assistance via a friend, family member or aide, the Somers Senior Center encourages you to bring your companion with you when you attend activities and events so that you may continue to enjoy all that the Senior Center has to offer. Interested in becoming a member? Fill out our **Membership Registration Form** and become a member today!*

CLOSINGS & CANCELLATIONS

There will be no coffee talk or chair aerobics on Friday March 13th.

The Somers Senior Center follows the Somers Public Schools with regards to weather related closures/delays. If schools are delayed or closed, programs/events at the Somers Senior Center as well as Dial-a-Ride transportation will be delayed/cancelled. Please tune into WFSB Channel 3 or NBC 30 and look for "Somers Senior Center" for up-to-date information on delays/closings.

860-763-4379 ~ www.somersct.gov ~ Like us on Facebook!



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SOMERS HUMAN SERVICES



Champ's Place Food Pantry

Somers Congregational Church, 599 Main Street; 860-763-4021
Open Mondays from 10am to NOON and from 6pm to 7pm.



Mobile Food Truck

Connecticut Food Share brings fresh foods to Champ's Place!
Wednesday, March 11th & 25th from 1:00pm to 1:30pm.



HINT: Bring a small cart, laundry basket, sturdy box or shopping bags to easily carry items home with you.

Call Annette Ramsdell in Human Services at 860-265-7551 x1 to make an appointment for any services noted below:

Connecticut Energy Assistance Program (CEAP)

We are actively accepting applications to help you apply for energy assistance.

Eversource Discounted Energy

5% to 50% discounts may be available to you, depending on income & family size.

Application Assistance - Available for SNAP, Medicaid and Financial Assistance.

Meals-on-Wheels - Available for homebound seniors and people with disabilities.

Financial Coaching and Budget Assistance - Let us help you untangle your bills and organize to help meet your needs and financial goals.

Schedule a confidential, one-on-one appointment with a financial coach.

PLEASE NOTE: You must save important documents listed below to apply for various benefit programs:

- SSA-1099 (has SSN in upper right corner)
- Social Security benefit verification letter for those who receive disability benefits
- 1099s for pensions, IRAs, and self-employment
- Eversource bill
- Rental statement for prior year (if you rent)
- High Grade gas (Woodcrest residents only)





SENIOR CENTER UPDATES



PROGRAMS/EVENTS/TRIPS:

Participants must sign up for all scheduled programs, trips, and events. If one cannot attend a particular program or event after having signed up, a phone call to the center to indicate cancellation is required. If you are unable to attend a trip for which you have signed up, you must notify the senior center as soon as possible. Payments for trips are typically non-refundable unless travel insurance has been purchased or a substitute can be found. Payments will be reimbursed only if the trip is cancelled. Programs/events/trips may have a deadline to sign-up. Due to space constraints, sign-up for Somers residents may begin earlier than sign-up for non-residents. Participants are advised to pay close attention to sign-up startdates, deadlines, and payment details for each individual program/event/trip.

SENIOR ADVISORY MEETING:

The Senior Advisory meeting will be held **Tuesday, March 10th at 1:00pm** at the Somers Senior Center.

VETERANS COFFEE TALK AT THE SENIOR CENTER:

Join fellow veterans and their supporters on Wednesday, March 4th & 18th from 9am-10:30am at the Senior Center for free coffee and light breakfast goods. We encourage friendship, support, and resources for veterans from any branch of service. These meetings are in a casual and unstructured setting.

WHAT'S GOING ON IN SOMERS?

Stay up-to-date and follow the Town's news, updates, and live meetings! Want to know when each Department meets and what they are working on? Be sure to follow the **Town's Meeting Schedule**. All Board of Selectmen, Board of Finance, Zoning Commission and Zoning Board of Appeals meetings are held LIVE each month and can be watched on the Town's **You Tube Channel**. The Board of Education meetings are also held LIVE on their own **You Tube Channel**. If you can't watch the meetings live, you can always watch them when you have the time. If you don't have a computer, come on in to the Senior Center & watch here!

Everbridge ~ Town of Somers Alert System

Notification Program Overview... The Town of Somers launched a mass notification service that allows us to alert you. You opt-in to enter your contact information and subscribe to notifications you care about.

The information you provide is protected and will not be used for any other purpose.

How It Works... When we issue a notification about a potential safety hazard or concern, you will receive a message on the voice or text communication methods that you have registered. If requested for the notification, you can confirm that you have received the message and you will not be contacted by any subsequent methods regarding that particular notification. If you do not confirm, the system will continue to attempt to reach you at all of the contact paths that you have registered.

Sign up for Notifications... Create an account & add your contact information into the Mass Notification system. You can stop receiving at any time by removing your contact information from your profile.

Let us know if you need assistance signing up! We'd be happy to help you!





HEALTH & WELLNESS CLASSES

Qigong- Mondays, 9-9:45am Indoors at the Senior Center **FREE****** Join us as we explore different YouTube videos that provide a simple approach of learning the benefits of Qigong.

Walking Group- Mondays, 10-11:00am Meet at the Senior Center at 10:00am for a fun walk to get the day started!

Chair Aerobics- Tuesdays and Fridays, 10-11:00am at the Senior Center **FREE******
A classic DVD chair fitness program. All levels are welcome!

Balance Fitness Fun with Angela: **NEW**
Wednesdays, 10:00am at Kibbe Fuller Gym - \$4 per class. Sign up anytime & payment can be made at the Senior Center. You may pay weekly or you can pay for the month. You will warm up with stretches, learn standing balance exercises & seated strength exercises (with or without weights) and close with more stretches while playing great music from across several genres.

Stretching w/ Keely- Thursdays, 10:00am Kibbe Fuller Gym - \$4 per class. Sign up anytime & payment can be made at the Senior Center. You may pay weekly or you can pay for the month. Dim the lights & listen to meditation music as you learn basic yoga type stretch moves while sitting or standing.

Pickleball- Tuesdays & Fridays, 9-11:00am **FREE**** Weather permitting. Tennis courts at Field Road Park.** Four courts and paddles provided. New & experienced players welcome. **Must register with the Senior Center and complete a Waiver Agreement if you wish to play.**

Tap Dancing Lessons- Tuesdays, 11am-12pm Kibbe Fuller Gym **FREE****** Do you love to tap dance or want to learn how? Dance Instructor, Laurie Nash, will hold this fun class! Some tap shoes are available for use!



GAMES, GROUPS & ACTIVITIES

Art Group- Mondays, 10-11:30am **FREE****** All mediums welcome. Bring your own ideas and supplies.

Scrabble- Mondays, 11:00am, Will teach! Bring a friend and enjoy exercising your brain!

SKYJO- Mondays, 1-3:00pm, Will teach! Even if you are a beginner or seasoned player, please join us for this new card game that is easy to learn and fun to play!

Coffee Talk- Tuesdays & Fridays, 9-10:00am Join your friends & make new ones for fresh coffee, tea and light snacks.
(Donations welcome for supplies)

Rummikub- Tuesdays, 11-1:00pm, Will teach! Rummikub is easy to learn & fast moving. The "board" changes all the time as players adjust the tiles on the table. Sign up, space is limited!

Dominoes- Wednesdays, 1-3:00pm, Will teach! Please come and learn the game.

Cornhole & Coffee - Thursdays, 9-10:30am Will teach! Come play cornhole and enjoy a little friendly competition with friends! It's an easy game to play, regardless of your gaming experience. **Played indoors or outdoors - weather permitting.**

Bingo- Thursdays, 12-3:00pm, Will teach! Free coffee/tea. Bring your lunch and enjoy an afternoon of Bingo!

Bridge- Thursdays, 5:30pm, Will teach! Enjoy an evening of Bridge playing!





SPECIAL PROGRAMS & EVENTS



TRAVEL THE WORLD: IRELAND

Tuesday, March 3rd
1:00pm



Stay after the Home Helpers lunch and watch this informative documentary about the magical country of Ireland!

PAINTING WITH SANDY

Wednesday, March 4th
11:00am - 2:00pm
\$15/pp includes all materials

Artist Sandy Poirier will instruct this acrylic painting workshop. **Limited space! Payment is due upon registration!**



MEMBER APPRECIATION DAY CELEBRATION

Friday, March 6th 11:30am

We are so grateful for all of our members! Please come and enjoy a delicious chilli lunch in celebration of Member Appreciation Day!



Truly Grateful for you.

SMART PHONE CRASH COURSE

Wednesday, March 11th
3:00pm-4:00pm



Are you looking to learn how to use the basic functions of your smart phone? Want to put all your photos in one folder? Too many apps on your home screen? Can't find your downloads?

Join our volunteers Monica, Olivia, & Shane as they help with some basic training!

This class is conducted as a group and is limited! You must sign up by calling the Senior Center at 860-763-4379.



4th Annual St. Pat's Luncheon & Entertainment

Friday, March 13th, 11:00am/\$10pp

Celebrate St. Patrick's Day the Irish Way with entertainment and authentic Irish fiddle music with "Sarah the Fiddler" starting at 11:00am and then a delicious corned beef sandwich, pickle, & chips from REIN'S DELI served at noon!

Cost is \$10/pp. RSVP by March 6th!

"...Combining her influences of Old-Time, Irish, World and Classical music, Sarah takes her audiences on a musical journey!"



FRAUD AWARENESS TALK

Tuesday, March 24th
12:30pm

In honor of Fraud Awareness Month M&T Bank of Somers will be back to talk to us about recent scams and how we can be diligent in detecting and avoiding fraudulent situations.



MAJESTIC THEATER
Since 1997
majestictheater.com • West Springfield, MA

"COME FROM AWAY"

MAJESTIC THEATER
Saturday, April 18th
12:00pm

Donated by and in Memory of Tina Toohey
FREE to Somers Senior Center Members.

First come, first served basis. Includes Peter Pan Transportation & Ticket Only. Concessions on your own. Arrive at the Senior Center at 11:45am for a 12pm departure for the 2pm show, returning to the Senior Center at approximately 5:30pm.





PERSONAL CARE

FOOTCARE SERVICES *Dates Available:*

The Senior Center provides footcare services every month! Please call the Senior Center to make your appointment.



March 18th
April 15th
April 16th



WITH THANKS

We would like to thank the following individuals who have so generously donated to the Senior Center:

Leslie Gengenbach,
Frank & Sandi Rook, Violet Smith

In Memory of Tina Toohy:

Hesaquia Abrams,
Ron & Charlene Biathrow, Gloria Coles, Melissa Mello, Margret Rondeau, Reggie Swanson



SPA SERVICES

The Senior Center offers spa services by **MA Licensed Tech Diane Neill**. *First Wednesday of the month. Call the Senior Center to book your appointment.*

Signature Facial.....\$38
Microdermabrasion Facial.....\$48
LED Light Therapy.....\$15
Waxing Services:
(brow, lip, chin etc.).....\$7 - \$18

Cash or Check only



DONATE TO CHAMPS PLACE

The winter season is upon us and what better way than to help out our local food pantry, Champs Place, located at the Somers Congregational Church.

Nonperishable items are always in need specifically: Body Wash, Soap, Razors, Deodorant, Shampoo, and Kleenex.

Drop offs can be made at the Somers Senior Center or at Somers Human Services Department.



INCLEMENT WEATHER



The Somers Senior Center follows the Somers Public Schools with regards to weather related closures/delays. If schools are delayed or closed, programs/events at the Somers

Senior Center as well as Dial-a-Ride transportation will be delayed/cancelled. Please tune into WFSB Channel 3 or NBC 30 and look for "Somers Senior Center" for up-to-date information on delays/closings





MEALS & EVENTS

Home Helpers®

Tuesday, March 3rd
12:00pm

*Spots fill quickly,
signup by 2/27*

Stay after and watch an informative documentary traveling to Ireland!



Member Appreciation

♥♥ **Friday March 6th**
11:30am

Enjoy a delicious lunch in celebration of Member Appreciation Day!

LUNCH BUNCH

Basil's Restaurant
Wednesday, March 25th
11:30am/ \$5pp (for transportation only)



4th Annual St. Pat's Luncheon & Entertainment

Friday, March 13th,
11:00am/\$10pp

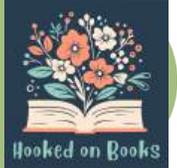
Authentic Irish fiddle music with "Sarah the Fiddler" starting at 11:00am and then a delicious Reins Deli corned beef sandwich!

BIRTHDAY LUNCH

Tuesday, March 24th
12:00pm



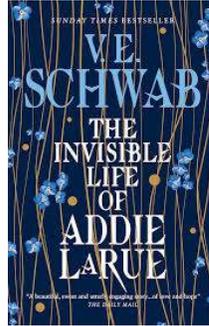
"HOOKED ON BOOKS" BOOK CLUB



Book Club with Somers Librarian Coordinator, Allison Rief

Thursday, March 19th 3:00pm

"The Invisible Life of Addie LaRue"
by V.E. Schwab



A French woman who makes a Faustian bargain in 1714 to live forever, but is cursed to be forgotten by everyone she meets. Her life becomes a centuries-long, invisible existence until she meets a young man in a bookstore who remembers her, changing everything.

The book explores themes of memory, art, love, and what it means to leave a mark on the world, and is a standalone novel with no sequel planned.

Please call 860-763-4379 to pick up a book and join this great group if you love reading!



HELP HOTLINES

CT INFO LINE - Dial 211

Vital Resource to find available community services

CHOICES - 1-800-994-9422

Assistance with Medicare, Medigap and Medicare Part-D applications

CONSUMER LAW PROJECT FOR ELDERS - 1-800-296-1467

Free Legal Assistance for Seniors with consumer problems

ELDER JUSTICE HOTLINE - 1-860-808-5555

Elder justice issues can range from age-based discrimination in the workplace to scams and fraud, elder abuse, neglect & exploitation. If you have been the victim of any of these, please call! They are there to help!

MOVIE TIME



"Brooklyn"

Tuesday, March 17th
11:00am - 1:00pm



1 hr 57 mins / PG13

Young Irish immigrant Eilis Lace navigates her way through 1950s Brooklyn. Lured by the promise of America, Eilis departs Ireland and the comfort of her mother's home for the shores of New York City. The initial shackles of homesickness quickly diminish as a fresh romance sweeps Eilis into the intoxicating charm of love. But soon, her past disrupts her new vivacity, and Eilis must choose between two countries and the lives that exist within.





SOMERS SENIOR CITIZEN'S CLUB LUNCHEON

Wednesday, March 18th
@ 11:45am

Corned Beef & Cabbage with Boiled Potatoes and Carrots, Irish Soda Bread, and Raspberry Puffs for dessert.

****ORDER IN ADVANCE REQUIRED****
Call Dan Fraro at (860) 749-7108 to order
Must order by noon the Monday prior to lunch.
~\$5 payable at the door~



VETERANS COFFEE TALK



SOMERS PUBLIC LIBRARY

Movie Matinees at the Library
Fridays - 1:00pm



March 6th
"Song Sung Blue"

NOW SHOWING



March 20th
"Rental Family"



March 13th
"Now You See Me"



March 27th
"The Housemaid"

Care Cafe'

The first Tuesday of every month
10:00am Library Conference Room

We welcome those living with dementia and their care partners for beverages, conversation and support.

Join Karla Vince & Nicole Madson from Visiting Nurse and Health Services of CT.

NO REGISTRATION NEEDED



Somers Public Library

2 Vision Blvd
Somers, Connecticut 06071 | 860





ODDS & ENDS



DAYLIGHT SAVINGS

Daylight Savings is **Sunday, March 8th** so don't forget to set your clocks **ahead 1 hour!** This is also a good time to change your batteries in your smoke detectors and have them inspected. Did you know the American Red Cross will provide a **FREE** home fire safety visit? You may call **1-877-287-3327** to **schedule**. They will:

- ~ Install smoke alarms if not working;
- ~ Help develop a Family Disaster Plan;
- ~ Provide valuable emergency preparedness tips and information

All demonstration and installation services will be performed by Red Cross-trained volunteers and/or licensed/insured professionals.

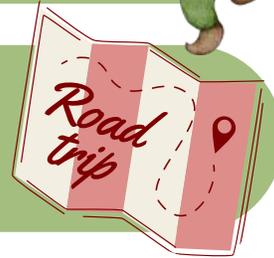


MEDICAL EQUIPMENT

Thank you to our community for your ongoing generosity in donating gently used medical equipment for us to lend to Somers residents in need. Because of your kindness, our storage shed is now at capacity. Before dropping off any additional items, please call 860-763-4379 to check if we have space available. You're also welcome to contact neighboring senior centers to see if they are accepting donations at this time.



TRIPS



"MoTown Meets Doo-Wop"
Tuesday, April 21st 11:00am-4:00pm
The Log Cabin, Holyoke MA
\$104pp/includes transportation & lunch
Limited Seating, sign up by March 6th
 Come and enjoy MoTown classics while dining on a family style lunch



"Essex Steam Train & Riverboat"
Thursday, June 11th 9:00am-5:00pm
Essex, CT
\$176pp/includes transportation & lunch



Enjoy a 3 course lunch aboard a restored 1920's Pullman Diner as part of a 3 3/4hr lunch, train and riverboat excursion,

"The History of Rock N' Roll"
Tuesday, July 14th 11:00am-4:00pm
The Log Cabin, Holyoke, MA
\$109pp/includes transportation & lunch
Limited Seating, sign up by June 5th
 Elvis' cousin Johnny Rodgers will take you into a musical time machine with the history of rock n' roll. Enjoy music of Elvis, Buddy Holly, Jerry Lee Lewis, Chuck Berry, Johnny Cash and many more! Dine on twin lobsters or prime rib.





THE SOMERS SENIOR CENTER WOULD LIKE TO ACKNOWLEDGE OUR MEMBERS WITH MARCH BIRTHDAYS!

Mar 1st:
Susan W.
Gary D.
Nancy Sue W.

Mar 2nd:
Carol K.
Veronica P.
Steven Y.
Jane G.
Theodore B.
Ralph Q.

Mar 3rd:
John M.

Mar 4th:
Marlene R.
Ann M.

Mar 5th:
Richard T.
Carla H.
Beth F.

Mar 6th:
Peter D.
Paul T.
Rebecca G.
Ardis C.
Donna N.

Mar 7th:
Mary Jane P.
Pauline C.
Joseph C.

Mar 8th:
Elaine F.
Dawn S.
Faith P.
Tammy G.

Mar 10th:
Joan D.
Joan S.
Linda D.
Susan W.
Mills S.

Mar 9th:
Cynthia S.
Kathryn W.

Mar 10th:
Joan D.
Linda D.
Joan S.
Susan W.
Shaye M.
Michael B.
Elizabeth M.

Mar 11th:
Susan M.

Mar 12th:
Susan L.

Mar 13th:
Debora P.
Barbara H.
Pat G.

Mar 14th:
Cheryl A.
Richard D.
Patricia S.
James B.

Mar 15th:
Craig S.

Mar 16th:
Ronald B.
Lisa C.
Donna M.

Mar 17th:
Gabe K.
Patricia L.
Patricia W.

Mar 18th:
Anthony U.
Lynn D.
Danuta H.
Sandra P.
Gail G.
Linda V.
Joyce S.
Susan S.

Mar 19th:
Sylvia C.
Santina D.
Patricia G.
Louie L.

Mar 20th:
Spider C.
Carol B.
James L.
Michael P.

Mar 21st:
Allan S.
David M.
Phyllis M.
Nancy M.

March 22nd:
Warren H.

Mar 23rd:
Karnig M.
Corinne A.
Paul G.
William L.

Mar 24th:
Heidi F.
Tim W.
Walt S.

Mar 25th:
Melinda B.
Polly M.
Kirsten C.

Mar 26th:
Viola L.
Shirley B.

Mar 27th:
James M.
Dolores J.
Solange R.
Beryl N.

Mar 28th:
Richard Y.
Barbara A.
Phyllis G.
Richard B.

Mar 29th:
Kathleen K.
Mary T.
Marietta D.

Mar 30th:
James T.
Kathleen M.

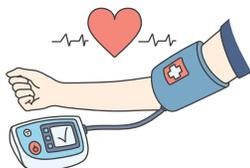
Mar 31st:
Janice M.
Anna D.

HAPPY BIRTHDAY!



BLOOD PRESSURE CHECK

Don't forget that Ann Maggio, RN will be here on **Tuesday, March 24th 11:30am- 12:30pm** to perform blood pressure checks!

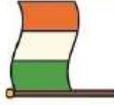


BIRTHDAY CELEBRATION



Dessert will be served following the Parkway luncheon to honor all March Birthdays! Our Birthday Celebration will be held on **Tuesday, March 24th at 12:00pm**



<p>2. MONDAY</p> <p>9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo</p> 	<p>3. TUESDAY</p> <p>9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub 12:00 Home Helpers Lunch 1pm Documentary - Travel to Ireland</p> 	<p>4. WEDNESDAY</p> <p>SPA SERVICES (by Appt.) 9:00 Veteran's Coffee Talk 10:00 Balance Fitness Fun at Kibbe \$4 11:00 Painting with Sandy \$15 1:00 Dominoes</p> 	<p>5. THURSDAY</p> <p>9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe \$4 12:00 Bingo 5:30 Bridge</p> 	<p>6. FRIDAY</p> <p>9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:30 - Member Appreciation Lunch - Chili</p>  <p><i>Truly Grateful for you.</i></p>
<p>9. MONDAY</p> <p>9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo</p> 	<p>10. TUESDAY</p> <p>9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub 1:00 Sr. Advisory</p> 	<p>11. WEDNESDAY</p> <p>AARP TAXES (By Appt.) 10:00 Balance Fitness Fun at Kibbe \$4 1:00 Dominoes 3:00 Smart Phone Crash Course</p> 	<p>12. THURSDAY</p> <p>9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe \$4 12:00 Bingo 5:30 Bridge</p> 	<p>13. FRIDAY</p> <p>NO COFFEE TALK OR CHAIR AEROBICS 9:00 Pickleball 11:00 St. Patrick's Day Lunch with "Sarah The Fiddler" \$10</p> 
<p>16. MONDAY</p> <p>9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo</p> 	<p>17. TUESDAY</p> <p>9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub 11:00 Movie Time - "Brooklyn" - PG-13</p>  	<p>18. WEDNESDAY</p> <p>FOOT CARE (By Appt.) 9:00 Veteran's Coffee Talk 10:00 Balance Fitness Fun at Kibbe \$4 11:45 Senior Club Luncheon 1:00 Dominoes</p> 	<p>19. THURSDAY</p> <p>9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe \$4 12:00 Bingo 3:00 Book Club 5:30 Bridge</p> 	<p>20. FRIDAY</p> <p>9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics</p> 
<p>23. MONDAY</p> <p>9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo</p> 	<p>24. TUESDAY</p> <p>9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub 11:30 BP Screening 12:00 Parkway Birthday Lunch 12:30 Fraud Awareness with M&T</p> 	<p>25. WEDNESDAY</p> <p>AARP TAXES (By Appt.) 10:00 Balance Fitness Fun at Kibbe \$4 11:30 - Lunch Bunch - Basil's Restaurant - \$5 pp for transportation only 1:00 Dominoes</p> 	<p>26. THURSDAY</p> <p>9:00 Cornhole & Coffee 10:00 Stretching with Keely at Kibbe \$4 12:00 Bingo 5:30 Bridge</p> 	<p>27. FRIDAY</p> <p>9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics</p> 
<p>30. MONDAY</p> <p>9:00 QiGong 10:00 Art Group 10:00 Walking Group 11:00 Scrabble 1:00 Skyjo</p> 	<p>31. TUESDAY</p> <p>9:00 Coffee Talk 9:00 Pickleball 10:00 Chair Aerobics 11:00 Rummikub</p> 	<div style="text-align: center;">   <h1>MARCH 2026</h1>  </div>		



SOMERS CULTURAL COMMISSION 2026 WINTER CONCERT SERIES

Somers Cultural Commission

600 Main Street, Somers, CT 06071

Questions? Call Ann Levesque at 860-749-2630

www.somersct.gov/boards-and-commissions/cultural-commission



Sunday, March 8th, 2026
Piedmont Hall, 604 Main Street, Somers
1:00pm - 3:00pm

Pierce Campbell & The Irish Extras

Enjoy St. Patrick's Day early with an afternoon of great Irish pub songs and sing along tunes performed by Connecticut State Troubadour, Pierce Campbell and The Irish Extras.

Watch Concert LIVE on Facebook

Go to [Somers Concert Series Page](#)

Somers safely enjoys live music to energize and restore the community
** Admission is Free ** Donations gratefully accepted ** Prepare to have FUN! **
** Restrooms Available ** If feeling ill, please stay home and watch the livestream **



"SAVE THE DATE!"

APRIL



Fascinator Hat Craft
with Mary-Ellen
Monday, April 20th
11:00am



Make your very own hat fascinators! You can wear them to a future Kentucky Derby, Tea Time & Mother's Day Events !!



AARP SMART DRIVER™ COURSE
Wednesday, April 22nd
8:45am - 1:00pm

When you take the AARP Smart Driver course, you could be eligible for a multi-year discount on your auto insurance.* Plus this course teaches proven driving techniques to help keep you and your loved ones safe on the road.

Sign up today at the Senior Center!
\$20 for AARP members
\$25 for non-AARP members





SOMERS SENIOR CENTER REGISTRATION FORM - MARCH 2026 CLASSES, EVENTS & TRIPS



Program Name	Date	Fee (if applicable)
		\$
		\$
		\$
		\$
		\$
		\$
		\$
We accept cash, credit cards and checks payable to Town of Somers	TOTAL DUE:	\$

REGISTRATION FOR ALL EVENTS (unless noted) BEGINS ON:
February 20th FOR SOMERS RESIDENTS AND February 26th FOR NON-RESIDENTS.

FORMS WILL NOT BE ACCEPTED PRIOR TO THIS DATE.

A REGISTRATION FORM MUST BE SUBMITTED FOR ALL EVENTS THAT YOU WISH TO ATTEND.

Somers Recreation & Leisure Services Participant Waiver

I hereby agree to release, discharge and hold harmless the Town of Somers, Somers Recreation & Leisure Services Department and the Somers BOE, its directors, employees, agents, contractors and/or volunteers from any and all liability that may occur during my participation in Somers Recreation & Leisure Services activities. I understand that participation in any recreational activity involves risk and I grant permission to the Town of Somers to utilize any medical emergency services it deems necessary to treat any injuries that I may incur. I further understand that the Town does not provide insurance for recreational program participants.

Somers Recreation & Leisure Services Photo Release

Participants in Somers Recreation & Leisure Services programs acknowledge that photographs may be taken during activities within our programs. By participating in our programs, you allow reproductions of these photographic materials to be used in promotional activities including but not limited to brochures, email campaigns, social media and more exclusively by the Somers Recreation & Leisure Services.

- I have read and am in compliance with the photo policy stated above.*
- I have read and am **NOT** in compliance with the photo policy stated above.*

Print Name: _____ **TOWN:** _____
Signature: _____
Date: _____





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